



Nutrition Coaching Fee Schedule

- \$35 per week with a minimum 15-week commitment for clients who train at the Take 2 Studio (\$525 package fee including taxes)
- \$40 per week with a minimum 15-week commitment for clients who do not train at the Take 2 Studio (\$600 package fee including taxes)

To register, please email Michelle at take2pt@shaw.ca or call (250) 508-6381